

## IAADS ATHLETICS EUROPEAN RECORDS - TRISOMY 21 WOMEN

Event	Name	Country	Result	Venue	Date
100 M	Chiara Zeni	Italy	15.61	Pescara, ITA	20/10/10
200 M	Chiara Zeni	Italy	36.71	Madeira, POR	18/10/07
400 M	Magdalena Dabrowska	Poland	1.28.40	Bydgoszcz, POL	21/06/09
800 M	Zofia Dzieciol	Poland	4.07.25	Tampere, FIN	19/07/27
1.500 M	Munevvere Ylmaz	Turkey	8.41.69	Ferrara, ITA	21/10/07
4x100m	Elisa Zendri Sara Spano Nicole Orlando Chiara Zeni	Italy	1.09.21	Nuoro, ITA	21/09/04
4x400m	Chiara Zeni Giulia Pertile Nicole Orlando Sara Spano	Italy	6.52.44	Tampere, FIN	19/07/28
Long Jump	Nicole Orlando	Italy	3.55m	Ferrara, ITA	21/10/09
Shot Put (3)	Nicole Orlando	Italy	6.28m	Florence, ITA	18/05/25
Discus (750)	Nicole Orlando	Italy	17.24m	Gravellona Toce, ITA	19/04/27
Javelin (400)	Sara Bonfanti	Italy	14.90m	Florence, ITA	16/07/18
400m Walk	Maria João Silva	Portugal	3.01.34	Cagliari, ITA	11/06/05
800m Walk	Giulia Pertile	Italy	5.58.14	Florence, ITA	16/07/20
1.500m Walk	Maria João Silva	Portugal	11.41.46	Azores, POR	12/05/18
Triathlon	Nicole Orlando	Italy	2473pts	Ferrara, ITA	21/10/09

21th October 2021

Compiled by José Costa Pereira

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