

## IAADS ATHLETICS WORLD RECORDS - TRISOMY 21 WOMEN

Event	Name	Country	Result	Venue	Date
100 M	Francisca Pelayo Fuentes	Mexico	15.45	Puerto Vallarta, MEX	10/09/09
200 M	Francisca Pelayo Fuentes	Mexico	33.30	Madeira, POR	18/10/07
400 M	Francisca Pelayo Fuentes	Mexico	1.28.00	Puerto Vallarta, MEX	10/09/10
800 M	Giselle Herrera	Mexico	3.48.25	P.Varzim, POR	14/05/25
1.500 M	Angelica Barrera Mercado	Mexico	8.15.95	Florence, ITA	16/07/17
4x100m	Giulia Pertile Sara Spano Nicole Orlando Chiara Zeni	Italy	1.12.72	Madeira, POR	18/10/05
4x400m	Francisca Pelayo Fuentes Angelica Mercado Maria Valdez Giselle Herrera	Mexico	6.57.17	P.Varzim, POR	14/05/25
Long Jump	Nicole Orlando	Italy	3.52m	Florence, ITA	18/05/25
Shot Put (3)	Melanie Barnard	South Africa	7.50m	Florence, ITA	16/07/20
Discus (750)	Melanie Barnard	South Africa	18.09m	Florence, ITA	16/07/21
Javelin (400)	Isamar Naveda	Venezuela	20.31m	Azores, POR	12/05/17
400m Walk	Giselle Rosas H.	Mexico	2.59.63	Maracaibo, VEN	13/12/03
800m Walk	Giulia Pertile	Italy	5.58.14	Florence, ITA	16/07/20
1.500m Walk	Maria João Silva	Portugal	11.41.46	Azores, POR	12/05/18
10 Km Road	Rentia Oosthuizen	South Africa	1h29.23	Graaff-Reinet, RSA	16/10/01
Triathlon	Nicole Orlando	Italy	2179pts	Florence, ITA	16/07/17

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Compiled by José Costa Pereira

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