

## IAADS ATHLETICS AFRICAN RECORDS - TRISOMY 21 MEN

Event	Name	Country	Result	Venue	Date
100 M	Vukosi Rikhotso	South Africa	14.32	Florence, ITA	16/07/17
200 M	Koos Matsaung	South Africa	30.21	Madeira, POR	18/10/07
400 M	Lebogang Mogale	South Africa	1.11.41	Florence, ITA	16/07/18
800 M	Tebogo Mabitsi	South Africa	3.30.38	Bloemfontein, RSA	15/11/26
1.500 M	Paul Kgatle	South Africa	8.33.03	Bloemfontein, RSA	15/11/24
4x100m	Koos Matsaung Leonard Bailey Manuel A. Raposo Jansie Els	South Africa	1.05.96	Madeira, POR	18/10/05
4x400m		South Africa	5.30.87	Bloemfontein, RSA	15/11/26
Long Jump	Koos Matsaung	South Africa	3.97m	Madeira, POR	18/10/05
Shot Put (4)	Leonard Bailey	South Africa	10.53m	Bloemfontein, RSA	15/11/25
Discus (1)	Leonard Bailey	South Africa	31.05m	Florence, ITA	16/07/21
Javelin (600)	Leonard Bailey	South Africa	27.01m	Florence, ITA	16/07/18
800m Walk	Jacob Jordaan	South Africa	5.33.74	Florence, ITA	16/07/20
1.500m Walk	Jacob Jordaan	South Africa	11.31.42	Florence, ITA	16/07/18
Triathlon	Vukosi Rikhotso	South Africa	2204pts	Florence, ITA	16/07/17

17th October 2018

Compiled by José Costa Pereira

IAADS Technical Director

Rua Prof. Angélica Rodrigues, 46 / Sala 7 - 4400-555 V.N.Gaia - PORTUGAL

Ph: +351-227.129.138 Fax: + 351-227.129.143 E-mail: jcp.josecostapereira@hotmail.com