

6th World Athletics Championships IAADS

NYMBURK, CZE - 19th to 26th June 2022

Competition / Events

Minimum Standards

Event	Men	Women
100m	15.50	21.00
200m	33.80	50.00
400m	1.28.00	2.02.00
800m	3.40.00	open
1.500m	open	open
800m Walk Race	open	open
1.500m Walk Race	open	open
Long Jump	3.35m	2.00m
Shot Put (4kg M / 3kg F)	7.20m	4.50m
Discus (1kg M / 0.75 F)	15.20m	10.00m
Javelin (600gr M / 400gr F)	15.50m	10.00m
Triathlon (100m / Long Jump / Shot Put)	open	open
4 x 100m Relay	1 team per country	1 team per country
4 x 400m Relay	1 team per country	1 team per country

Technical Rules and Regulation

According to rules of IAAF – International Association of Athletics Federation's, with the following IAADS adaptations:

1. The number of athletes per event by nation is open, but only a maximum of 3 will be qualified for the Final;
2. There will be no penalty for those athletes that don't achieved the minimum performance during the competition;
3. Starting blocks can be used in sprint events, although the standing start is also allowed;
4. The Sprint races – 100m and 200m will be run by Preliminary Rounds with a maximum of 8 athletes per race, in different lanes;
5. 400m race will be run only in 1 lane, as used in middle distance races;
6. In 400m, 800m and 1.500m race events there will be Direct Finals by Heats (Times);
7. In Walk Race events, it's not allowed to run! Race walking is a progression of steps with a permanent contact with the ground. If the athlete doesn't apply that rule and runs hostens he will be disqualified by a direct Red Card or Paddle. When 3 Yellow penalties are shown by 3 different Judges, the athlete is disqualified with a Red Card;
8. In Long Jump event, the Take-off Board shall be a rectangular white and measure 50cm wide and shall be placed nearest (0.5 to 1m) of the beginning of landing area;
9. In Relay Races the additional 10m balance zone will not be used by the athletes. Only the 20mTake-over Zone will apply;
10. In Track events the Preliminary rounds will have a maximum of 8 athletes per race. In Field events a maximum of 12 athletes are allowed for a Final;
11. In the Preliminary rounds there will different sets of symbolic medals for the first 3 classified;
12. First 3 placed in the Finals will be awarded with Gold, Silver and Bronze medals.

Team Competition

According to the IAADS guidelines and in order to encourage nations to participate, the IAADS World and Regional Championships will also have a total Team Competition, including athletes from both genders (male plus female).

In the Team Competition the best 8 classified athletes in the Finals will get points according the placement (8 points for 1st placed, 7 points for 2nd placed, aso till 1 point to the 8th placed).

All participant nations are eligible for the Team Competition.

The Best 3 Nations by the total number of points will be awarded with 1st, 2nd and 3rd places Trophies.